


# The Great Pumpkin Certified 5K Run & Family Walk



## The Watchung Hills Regional Municipal Alliance

WHMA is a volunteer organization providing DRUG and ALCOHOL ABUSE prevention programs to our communities of: Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.

<b>DATE:</b>	<b>LOCATION:</b>	<b>ENTRY FEE: Due by Oct.14</b>
<b>Saturday, November 3</b> <b>Race start: 9:00 am</b> On-site registration 8:00 a.m. Online pre-registration <a href="http://www.bestrace.com">www..bestrace.com</a> or <a href="http://www.runningintheUSA.com">www.runningintheUSA.com</a>	<b>WATCHUNG LAKE</b>  Brookdale Road Watchung, NJ Mobus Field.	Before 10-12-18 <ul style="list-style-type: none"> <li>• \$22.00 run &amp; T-shirts</li> <li>• \$12.00 walk &amp; T-shirts</li> </ul> After T-shirts if available <ul style="list-style-type: none"> <li>• \$27.00 run</li> <li>• \$15.00 walk</li> </ul>

**MAKE CHECKS PAYABLE TO: WHRMA (Watchung Hills Regional Municipal Alliance)**  
**MAIL CHECKS AND APPLICATION TO: WHRMA 108 STIRLING RD., WARREN, 07059**

Questions call : **Carolyn Seracka [cseracka@gmail.com](mailto:cseracka@gmail.com) 908-451-2220**

or **Jack Walsh [jackwalsh1961@gmail.com](mailto:jackwalsh1961@gmail.com) 908-561-8883**



### 5K Prize Categories

<b>Medals for First, Second &amp; Third Place Winners in multiple age ranges and gender groups</b>	<b>Overall Male and Female Adult Winners</b> Win a \$50.00 gift certificate & medal.
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